



LIFE IN ANTIGUA

■ VISITANTIGUABARBUDA.COM

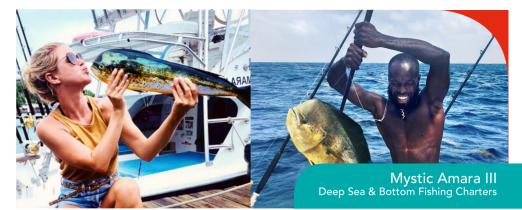




The Cedar Valley Golf Course is a completely constructed 18-hole course with bar & restaurant, green practices & driving range. This beautiful par 70. 6157 yrds golf course lies amidst mature tropical trees, vistas on hills, and the Caribbean Sea provide an enjoyable, inspiring and very challenging golf game.

The golf club accommodates players of all skill levels; all within exciting breathtaking scenery that make it pleasant for a memorable golfing experience in Antigua, that even non-golfers can appreciate. This magnificent golf course is located on the northern end of the island minutes away from major resorts and hotels and within 3 miles from the capital St. John's and the cruise ship port, making it easily accessible to cruise ship passengers.

- Special discounts apply to cruise ship agents, and special crew rates are available
- Golf attire and spike-less golf cleats are required
 Pro-shop on site with Codar Valley Golf Club
- Pro-shop on site with Cedar Valley Golf Club branded merchandise
- Each player must have a bag with a minimum of 6 clubs
- All players must register in the pro-shop
- Visa & MasterCard accepted
- Club rentals left and right handed
- Advanced individual tee times available
- Private tutoring



Fishing Antigua Mystic Amara Fishing Charters is based out of Jolly Harbour, and run Deep Sea & Bottom Fishing Charters year round. Captain Leroy has more than 20 years experience under his belt and can show you the best spots for a range of fish that can be found in Antigua's waters.

You will be fishing aboard the Mystic Amara III which is a 31' Bertram Sport-fisher, powered by two 200HP Volvo engines. As well as all the necessary safety and navigation equipment, the boat also has a cooler on board and a private head for those longer trips. There is plenty of space for up to six people, and the captain provides bottled water, soda, and beer for your pleasure.

The price includes all necessary rods, reels, and terminal tackle, as well as the required fishing licenses. Make sure to bring a pair of polarized sunglasses, as well as a camera to show off your catch, and also because the views are sure to take your breath away.

4 Hours US\$550 | 6 Hours US\$750 | 8 Hours US\$900 12 Hour Marlin Charter US\$1,100

Maximum of 6 Persons, we keep the tour small & friendly

Contact

Tel: +1(268) 464-7112 or (268) 764 FISH (3474) info@fishingantigua.com www.fishingantigua.com

Contact

Tel: +1(268) 464-0181 info@cvgolfantigua.com www.cvgolfantigua.com



The Sunfire Horse Riding Academy offers a scenic tour on the north-western side of the island.

The tour starts from Millers by the Sea on Fort James Beach, then along some of Antigua's most famous beaches to include; Runaway Beach, Sand Haven, with a stop at the historic Fort James – est. by Britain in the 18th century. Here you will uncover the magnificent vistas of the St. John's Harbor; which present a wonderful photo opportunity.

The usual duration of the tour is 1.5 hrs, helmets are provided, you will be safe and secured with your experienced guide, Sunfire. Depending on your level of experience a beach stop with the horses is included, take a dip in our turquoise water while also petting the horse in the process.

An awesome horse riding tour with Sunfire awaits you!



Kitesurf Antigua is the island's number one choice for kite surfing. With over 10 years of experience they have the best teaching location and their friendly instructors are always ready to provide you with a safe and fun learning experience. Located on the beautiful Jabberwock Beach, the warm Trade Winds blow here from the months of December through August and they are open as long as the breeze is up. The beach is over a quarter mile long with side-on wind directions that offer a safe haven for learners and some 'bump and jump' conditions further upwind for the more experienced riders. With lots of beach space for practicing the important skills of rigging, launching and landing your kites, Jabberwock Beach is the safest and most comfortable beach on the island to learn kiting.

Kitesurf Antigua has two packages that they offer to beginners. The Beginner Special is a 4hr crash course that covers all the basics like kite theory, rigging, kite control, launching and landing, safety, and body dragging. The second package is the 10hr Clinic (done over 3 days) and takes you through everything in the Beginner Special before moving onto water starting and and riding.

Contact

Tel: +1(268) 720-5483 info@kitesurfantigua.com www.kitesurfantigua.com

Coutact
Telephone +1(268) 770-6305
Email Elijah_3_7@hotmail.com



ULTIMATE THRILL: Let's go on an adventure! A high-speed, adrenalin-pumping exploit, around Antigua's breathtaking coastline. Step on board one of the most powerful, luxurious, and safest, pleasure boats in the Caribbean. Brace yourself for the ultimate thrill!

The exhilarating tour begins at the ancient fortress known as Fort James. Located northwest of the island, the breathtaking ruins still boast a full complement of canons. Allow our turquoise waters to caress your skin as we cruise on over to the west of the island to witness the magnificence of Fort Barrington. Before heading South, Hawksbill Rock is a must see! It is renowned for its striking resemblance to the critically endangered Hawksbill Turtle.

The magnificent panorama continues along the iconic white sandy beaches and crystal clear waters of Darkwood and Turners Beach. Ride by the coastline in fine style, you'll be thrilled to learn that some of the world's most iconic individuals have claimed their own piece of the rock. Care to see the homes of some of the worlds' rich and famous?

Next, cool down with the soothing waters in a quiet cove of the unspoiled south-coast, lined with lush tropical rainforest.

A great adventure wouldn't be complete without the ultimate reward; become Robinson Crusoe for a day. Relax, snorkel and bask in the glorious Antiguan sun on your very own private island, while enjoying a sumptuous gourmet style meal and a refreshing Caribbean drink.

Contact

Tel: +1(268) 562-4581 Email thrillertoursantigua@gmail.com www.thrillertoursantiqua.com



Put down your phone and let's bring back the true meaning of being social! Socializing shouldn't involve a bright screen. Instead, get your paint on while you connect face-to-face with your friends. Let's Paint is a new type of social activity designed to bring out ones hidden creativity whilst socializing with friends or colleagues. Guest of Let's Paint get to spend approximately 2 hours per session creating a one of a kind art piece whilst enjoying the companionship of friends or colleagues at one of the islands popular restaurant or bar.

The concept of Let's Paint is very unique to the islands. It is also an opportunity for local Artists to share their passion and for bar and restaurant owners to get the opportunity to further connect with their community, and creative-minded employees who love what they do. The amazing thing about Let's Paint is the fact that you do not have to have prior experience of painting to have fun and be creative in this activity. All you need to participate is an open mind!

Contact

Tel: +1(268) 720-5037 letspaintantigua@gmail.com www.letspaintantigua.com



"West Indians work hard, play hard, and love their food. Our goal is not just to teach you about our food, but to let you experience our culture." - Nicole

THE CLASSES

Small Classes

Our Caribbean cooking classes are designed so you can learn hands-on, or sit, watch, talk, and eat. We typically don't have more than 10 people at a time... and prefer 4-8. This makes our classes more like close friends sitting for a meal, than a formal learning experience. The duration is 3-4 hours, depending on the class. Visitors receive a full menu with recipes, Nicole's Old Fashioned Rum Punch, soft beverages, and the food they prepare and cook. The view of the Caribbean Sea is included at no extra cost.

Fresh Foods

Nicole likes to use fresh and in-season fruits, vegetables, and herbs. They taste better and are much healthier, but it sometimes means that the ingredients will vary from class to class... depending on the season and what the market and our gardens have to offer. So be prepared for variations in the menu and take it in stride the Caribbean way... with a smile.

The cost of our classes is US\$110/person to US\$125/person (except custom classes which can vary depending upon the menu or time of year.)



Contact

Tel: +1(268) 764-8366 or (268) 764-8362 From Canada: 1(443) 836-0253 Email: reservations@nicolestable.com www.nicolestable.com



Sailing in Antigua with Jabberwocky Yacht Charters is a wonderful way to discover the island and experience the thrill of sailing. Jabberwocky Yacht Charter offers day charter and sailing excursions and sunset trips around the turquoise waters of Antigua.

Term Charters for longer sailing trips are also an option for those seeking a special vacation experience.

Jabberwocky is available for private boat hire for a day trip or for two or three day trips or even a week charter. A chance to enjoy sailing, snorkelling, swimming and sunbathing whilst touring the coast of Antigua and discovering the hidden secrets of the island.

Contact

Tel: +1(268) 764-0595 or Nick (268) 779-8198 Fax (268) 562-4075 www.adventurecaribbean.com



Get immersed in the culture and natural beauty of Antigua.

From historic ruins to rainforests, hiking with Trek Tours allows deep connections with a tropical paradise, becoming part of its everyday life, observing details that typical tourists miss, and enjoying spontaneous encounters along the way.

Whether you run marathons, or enjoy strolls to the refrigerator, they cater to everyone. Their guides provide impeccable customer service and offer life enrichment through nature.

Coutact
Tel: +1(268) 774-TREK (8735)
www.trektoursantigua.com



Stingray City Antigua Snorkel Adventure will leave you with memories that will last a lifetime. Southern Rays are friendly and gentle creatures. Enjoy the unique experience of touching and feeding a Stingray, together with snorkelling amongst magnificent coral reefs and colourful tropical fish.

The Southern Ray is known as the puppy dog of the sea, always looking for attention and a snack. The rays' sting is a boney spine in the tail that cannot be used in an offensive manner. It is strictly used as a defensive tool to protect itself from predators while sleeping or relaxing.

The friendly and competent guides will brief you on how to handle the rays and at no time will you be at any risk. In fact, quite the opposite; in the wink of an eye, you will find yourself spellbound by their gracefulness and beauty, and you will find yourself among the thousands of people who return home wanting to come back.

CONTACTTel: +1(268) 562-7297
Fax (268) 562-7806
Email: stingray@candw.ag



Come and discover Antigua by foot with the enthusiastic tour guide Nick. Happy Heights is about getting the blood flowing through your body while adding a vivid tropical landscape of exotic flora and fauna, and a beautiful azure of sea and sky.

There are beautiful trees, wildlife such as birds, lizards, crabs and even the rare donkey. The landscape provides many beautiful scenic views with some areas providing a wide panorama of the island itself, from elevated positions.

Drink some of our homemade juices and freshly baked banana bread as we cool down after every hike.

Contact

Tel: +1(268) 720-6512 happyheights268@gmail.com www.facebook.com/antiguahiking/ www.antiguahiking.com



Fast motorboats transfer you from the kayak clubhouse to a remote lagoon where, after instruction, guides will lead a route through mangroves inlets and tiny islands. Look for shy turtles, skimming ballahoo and starfish in the inlets. Reboarding your boat, an exhilarating 20 minute ride in the North Sound Marine Park will bring you to an uninhabited island, the habitat of small wildlife and tropical birds. Take an 8 minute guided nature walk to the top and be rewarded with stunning vistas. Bring your camera!

After the short descent to the beach, relax under a coconut tree, explore the island or soak in the crystal shallows off the beach. Keen snorkelers can re-board the boat and head to an offshore reef; guides will assist with gear and show the best spot to seek amazing marine life. Heading back to the clubhouse by boat, discover more islands and lovely coastline along the way; look out for endangered West Indian Whistling ducks near Guiana Island as you skim through 'The Narrows'. The kayak clubhouse is located at the owners beautiful home in their vibrant tropical garden, filled with mature trees and flowers. Here you will be treated to delicious refreshments and warm hospitality.

Contact

Tel: +1(268) 463-1944 Email: info@antiguapaddles.com or labarrielc@candw.ag www.antiguapaddles.com



Adventure Antigua has been taking guests to the most breathtaking coastal spots by boat. This company is unique in that each trip was carefully crafted to ensure that guests get the most educational and authentic day out on the water possible. They offer three tours sure to suit anyone's tastes...

FLI'S ORIGINAL FCO TOUR

Eli's Original Eco tour is Antigua's oldest Eco tour. We spend a full day in the North Sound of Antigua where we have 22 uninhabited pristine offshore islands. You learn about the eco systems & the history of the different islands in this protected area. Also the turtle project at Jumby Bay, the reef ball system at Maiden Island, the beautiful and important Mangrove system of Guiana Island and much more.

Contact

Tel: +1(268) 726-6355 | (268) 764-5256 Email: info@adventureantigua.com www.antiguaadventure.com There are two snorkeling sessions (& a snorkel lesson for those who need) along with a nature walk/hike to the top of Bird Island where you might get a chance to see one our indigenous & endangered (nonpoisonous) Antigua Racer Snake. We also visit Hells Gate Island for a snorkel or a climb through a small cave-like structure that goes through the island & comes out over a natural bridge on top – seeing the Atlantic Ocean on one side & Caribbean Sea on the other. Local lunch and drinks are all included in the tour. GREAT for ALL ages!!

Boat is also available for private charters, it takes a max of 31 passengers.

For more info and pics/video, please visit http://www.adventureantigua.com/the-ecotour/

ANTIGUA CLASSIC YACHT TOUR

Like the Eco Tour and the Xtreme Circumnav, The Antigua Classic Yacht has themes of history, ecology and adventure. However, this one takes you deeper into the historical experience by imparting firsthand knowledge of what goes into building one of these magnificent vessels.

XTREME CIRCUMNAVIGATION TOUR

The Xtreme Circumnavation tour is a full day powerboat tour that goes right around the coastline. After passing through the North Sound area, the first stop is Stingray City Marine Park. There you will spend the normal 45min-1hour long session in the water with the rays & other marine life – it's a natural reef & sandbank so there are lots. of things to see. We continue around the island stopping at Antigua's largest off-shore deserted island, Green Island, for lunch. While the crew is setting up, quests can have a wonder around the island, maybe having a swim on the North beach. After lunch, we head south to Nelson's Dockvard (we don't get off the boat but Captain points out ALL the historic colonial structures & gives a short talk explaining what they were used for).

The 2nd snorkeling session is at the Pillars of Hercules, a FANTASTIC snorkel stop where the lime stone boulders enter into the water at the mouth of the Nelson's Dockyard – base of the Shirley Heights cliff. The last stop is at the magnificent Rendezvous Bay, a secluded beach on the south side of the island, where you can swim, snorkel or beach comb & enjoy our homemade delicious rum punch.

We have two Xtreme boats & we also use them for Barbuda charters & tandem tours/charters. One boat holds 22 people and the other 21.

For more info and pics/video, please visit http://www.adventureantigua.com/the-xtreme-circumnav/





The Rendezvous Company has been around for 20 years, and is now firmly established as Antigua's number one Tour Operator with 52 unique, innovative and exclusive tours. All Tours are professionally run by our extensively trained Guides and offered to most leading cruise lines visiting Antigua, as well as hotel Guests and Locals.

Our tours range from low minimum niche tours to high volume and extremely popular tours. We offer a variety of tours to suit all demographics including Segway, Beach, Taste of Antigua / Rum Tours, Horse Riding, Private Island, Golf, Zip Lining, Helicopter, Island & Historical Tours and St John's City Walking Tour (we are the first and only Tour operator to offer these tours with the Whisper Listening System), Beach Horseback, Private Yachts, Hiking, Catamaran tours and more.

Our Guides are extensively in-house trained and are all CPR and First Aid trained, so our guests will be in safe hands.

Contact

Tel: +1(268) 480-1007 /8 www.rendezvousantigua.com St. John's, Atigua



Explore some of the most popular beaches on the island with the Caribbean Sea or Atlantic Ocean as your backdrop. Capture the spirit of the island on film like never before as you experience the thrill of conquering 'miles of beach in minutes,' where Segway PTs carry you effortlessly through a series of sites and attractions - beach picnic parks, the ruins of a historic fort, sugar mills, land marks and more.

Package includes orientation, helmets, guided tour, and time to relax on the beach with a refreshing drink at the end. Lunch and pick-up and drop-off arrangements are available at an additional cost. Free music video

available with minimum booking of four. You'll feel confident after a complete Segway orientation as a journey waits through a tropical valley where sights and smells of tamarind, orange, mango and eucalyptus trees will engulf your senses. Glide along quietly and get great pictures of Antiguan animals in their natural undisturbed surroundings and habitats. After your magical adventure, relax and watch lazy waves lapping on the seashore as you enjoy a delicious picnic on the beach set for two with wine, cheese, fresh fruit, pasta and cake.

souvenir with highlights of your experience

Package includes Segway orientation, safety gear (helmets), guided tour bottled water, picnic, and time to relax on the beach. Transportation is provided at an additional cost.

Contact

Tel: +1(268) 480-1007 /8 www.rendezvousantigua.com St. John's, Atigua



Nicholson Yacht Charters & Services knows what dreams are made of, with luxurious and diverse experience worldwide destinations as St Barth's, Antigua, St Lucia and British Virgin Islands in the Caribbean to Capri, Ibiza, Dubrovnik and Göcek in the Mediterranean, Bergen and Helsinki in Scandinavia, and Tahiti and Bali in The South pacific just to mention a few, all splendid destinations for a superyacht charter.

Whether you are of an adventurous nature or simply wanting a quiet and relaxing time, Nicholson Charters can provide the best charter vacation to suit your preferences. We will tailor the perfect vacation to your wants and needs; whether it's for a surprise announcement or a special birthday party you can rest assured that we'll make each and every occasion a memorable one. Snorkeling and diving are extremely popular sports enjoyed in many areas, with superb visibility offered by crystal clear waters. A holiday with water sports including windsurfing, kite surfing, water skiing, wake boarding and paddle boarding are also available to you when you charter a yacht with Nicholson Yacht Charters & Services for your vacation.

Contact

Tel: +1 (268) 460 1530 | GSM: +1 (268) 720 6750 Yachts@nicholsoncharters.com | info@nicholsoncharters.com Stanley's Tavern, English Harbour, Antigua & Barbuda, WI



Imagine yourself gliding across clear turquoise waters, a warm Caribbean breeze gently cooling you whilst you sit back under the shade of the bimini and soak up the wonderful views of Antigua as you dash around the beautiful coast line. Begin to visualize stepping from the boat onto a sandy beach where there is no one but you and the people on your boat and the aroma of lobster on the grill begins to tantalise your taste buds.

You begin to feel hungry but can't resist dashing into the Caribbean Sea and after immersing your whole body in the waters, flip onto your

Contact

Tel: +1(268) 460-5130 Email creolecruises@candw.ag www.creolecruisesantiqua.com back and gaze up at the pure blue sky above. You remember the lobster and emerge from the water refreshed and hungry. Sitting in the shade you begin to devour the tasty lobster, and quench your thirst with the cool tangy taste of rum punch.

Hang on, wake up, are you dreaming? You look around and realise you're not. Join our famous lobster lunch tour, where you will find yourself on a secluded Island for swimming and snorkelling, taking a short walk to the high point of the island to enjoy spectacular views and eating freshly prepared lobster on the beach, washed down with an excellent rum punch or any other drink from the bar. Or simply charter us to take you wherever your heart desires.



Imagine sailing off to a deserted tropical island... Feel the sun on your skin and the wind in your hair as you sail through the Caribbean Sea towards paradise.

Snorkel in crystal clear waters before enjoying an Alfresco lunch with your new found friends. Who said dreams never come true? Indulge in your dreams with a day aboard one of our fleet

of catamarans which cruise gracefully around the island of Antiqua daily.

Whether you want a lazy day lying back in the breeze, or an action packed day of snorkelling and swimming, we can do it all, with the back drop of great music, tasty food and excellent company.

Choose from a circumnavigation, Bird Island, Cades Reef, or charter us for your private party or group and we go where you take us! Palm fringed white beaches, warm clear waters, tasty Caribbean dishes and friendly local crew - Ondeck has boating experiences to suit everyone from 8 to 80+. You are encouraged to participate in our sailing events if you wish

Whether it's taking part in the Antigua Yacht Race Experience, sipping Champagne on a Sunset Cruise, enjoying a snorkel and beach stop on our day or half-day cruises, there is

and can even drive the yacht yourself.

no other company like us on Antigua so take the helm and sail away. We guarantee you will go home with more than just a suntan! Places are strictly limited to ensure a high quality experience.

Ondeck Sailing

We also offer a full range of Caribbean sailing events including all of the major Caribbean Regattas including Antigua Sailing Week, as well as Caribbean Cruising, Corporate incentives and Transatlantic Sailing.

Contact

Tel: +1(268) 562-6696 Email: antigua@ondecksailing.com www.ondecksailing.com/antigua

Contact

Fax (268) 462-4792 Fax (268) 462-3661 Email: wadadlicats@candw.ag www.wadadlicats.com



Miramar Sailing offers private, exclusive, • informal and relaxed Day Sailing and Sailing Holiday cruises from the beautiful Caribbean island of Antiqua. Miramar Sailing is also a RYA recognized Sailing School offering a full range of both theory and practical courses from their Ketch, with Captain Kevin and mate, provides day sailing and is available for private and exclusive parties of up to 12 guests. The day sailing options aboard include:

• Special Day Cruises - from 3 to 8 hours and are particularly popular with holiday makers and visitors to Antiqua.

- "Just Plain Sailing" 3 hours before or 3 hours after lunch. No frills, with a relaxed cruise along the west coast of Antiqua enjoying the calm blue waters and stunning scenery. Special Occasion Cruises - Enjoy a
- base in Jolly Harbour. "Hawnalea" a 47ft Classic "Champagne Celebration" of your Wedding, Honeymoon, Anniversary, Birthday or simply the day you fell in love!
 - Collection and return of cruise liner passengers to and from their ship in St. John's Harbour.



Tel: +1(268) 721 3456 | (268) 722 8468 Email: info@miramarsailing.com | info@secondstarsailing.com www.miramarsailing.com



Enjoy the peaceful beauty of South Coast Horizon, located on the south coast of Antigua. It is locked in between the mountain range of Mount Obama (formerly Boggy Peak), in the north, and the Caribbean Sea in the south, with Guadeloupe, Dominica, Montserrat and Redonda on the horizon. You start your morning looking at the rays of the sun over the hilltops. During the day you may laze on the beach, snorkel at Cades Reef, or find a variety of other activities in the area to add to your vacation fun. You can choose to do a tour of our palm garden -8 species-, our walk-through bird cage, and pyramid park. Or take our eco-tour of the lagoon ending in a hike on Goats Head hill.

ON THE ECO-TOUR

The activities at South Coast Horizon are carefully planned to preserve, protect and enhance the marine environment and surrounding area. Cades Reef, Antigua's biggest coral reef, lies a short quarter of a mile south of our beach, and our snorkelling adventure takes you there. We also run our own fantasy eco tour through the mangroves of the lagoon for guests as well as visitors to South Coast Horizon. The view of the Caribbean Sea is punctuated only by the lush tranquillity of the lagoon and Goats Head Hill.

Contact

Tel: +1(268) 562-4074 Fax (268) 562-7045 Email: admin@southcoasthorizon.com www.southcoasthorizons.com



Antigua Premier Tours offers a number of tours around the island with a specialty in personalized tours. Nelson's Dockyard, Dow Hill Interpretation Centre, Shirley's Heights, Fig Tree Drive, Betty's Hope Sugar Plantation, Devils Bridge and so much more...

Why not book your own romantic or private tour in a luxury chauffeur-driven car? Make the day extra special by choosing your own custom built itinerary - such as a visit to Harmony Hall or Shirley's Heights. "Wherever you want to go... we can take you there!"

Contact

Tel: +1(268) 562-TOUR or (268) 460-5900 Fax (268) 460-5901 reservations@caribbeanhelicopters.com www.caribbeanhelicopters.com



Caribbean Helicopters Ltd. Tours offer a variety of truly amazing panoramic delights, priceless memories and photographic opportunities for everyone. Their friendly Antiguan flight attendants and highly skilled Canadian pilots ensure your complete safety and satisfaction while on board.

They operate 7 days a week, from 9am to 5 pm and the aircrafts capacity is 4-6 passengers. They need minimum 4 to maximum 6 quests to operate any given tour.

They offer the following tours:

FULL ISLAND TOUR 30 minutes US\$165 per person

HALF ISLAND TOUR 20 minutes US\$115 per person

MONTSERRAT TOUR 45 minutes US\$240 per person

Contact

Tel: +1(268) 562-TOUR or (268) 460-5900 Fax (268) 460-5901 reservations@caribbeanhelicopters.com www.caribbeanhelicopters.com

32



At Cycling Tours Antigua, we provide both guided and support for self-guided tours that enable you to see the landmarks of this beautiful country.

Cycling Tours Antigua is a friendly, local tour company located on the island of Antigua and Barbuda. We live, work and love the island. We have a friendly, knowledgeable staff dedicated to making your day a brighter one. Rent a bike or try one of our guided bike tours of Antigua.

Contact

Tel: +1(268) 720-8533 Email: derrick@cyclingtoursantigua.com cyclingtoursantiqua.com Derrick and Janice were former senior managers in the UK who came to Antigua about 6 years ago and never left.

Whether you're here for the day or staying on island and want to visit one of our 365 beaches, climb the historic Shirley Heights or participate in a local road race, we can arrange it!

We maintain a high standard of service and attention to detail for all our tours through meticulous itinerary planning, careful preparation, thorough staff training – we strive to deliver a comfortable, safe, fun and enriching travel experience.



The Antigua & Barbuda Humane Society, located on the eastern side of the island near Bethesda, offers a permanent home for donkeys at risk. The Donkey Sanctuary currently shelters more than 150 donkeys but this number is by no means finite. Although all stallions are castrated on arrival, more often than not the mares are already in foal when they arrive. As the gestation period is almost a year, there are frequently sweet surprises in store.

The Donkey Sanctuary welcomes visitors and is favourite stop for children and adults alike. It

is Stevie, an adult donkey who was struck by a vehicle and is now totally blind. Because of the special care and attention that is given to Stevie he is able to manage quite well and loves the extra attention he receives from everyone.

To help raise funds for the care of the donkeys, the Humane Society sells T-Shirts at the sanctuary and offers an 'Adopt an Antiguan

offers families a wonderful alternative to another

day on the beach. Hotel guests often make return

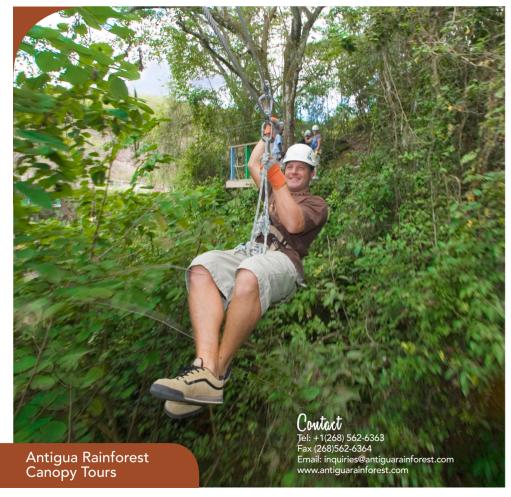
visits during their stay just to spend some more

time with our donkeys. In addition to the foals,

a favourite of visitors to the Donkey Sanctuary

To help raise funds for the care of the donkeys, the Humane Society sells T-Shirts at the sanctuary and offers an 'Adopt an Antiguan Donkey' programme. Visitors are welcome to help brush the donkeys, and take as many photos as they like.

Contact
Tel: +1(268) 461-4957
www.antiguaanimals.com/donkey



The Antigua Rainforest Canopy Tour is a unique eco-tour through Antigua's lush rainforest.

THE TOUR

There is a series of zip lines and suspension bridges connecting to typical challenge elements which give you a wonderful opportunity to have a bird's eye view of the backdrop of flora, fauna and numerous bird species in the rainforest. Midway, you can enjoy a refreshing drink of water in our split level tree house, hidden from the rest of the world! There are 12 zip lines, 4 suspension bridges, 2 unique, absolutely safe 26- feet & 45-feet controlled descents 'Leap of Faith' and a nine element challenge course.

After walking the 'Stairway to Heaven' stairway out of the gorge, the tour will finally bring you to all the facilities of our gorgeous 2,000 square feet bar/café, where you can relax on the viewing veranda with a refreshing drink. Our gift shop and viewing platform overlook the Antigua Rainforest and the Antigua Rainforest Zipline Tour.

OUR SAFETY

All our staff guides have attended and passed the most stringent training programme conducted by the ACCT, world leaders for Challenge Course standards in installation, operation and inspection. Furthermore, the entire course has been personally designed and built by a certified ACCT

Professional Vendor Level 3. See Antigua from a different perspective with the Antigua Rainforest Zipline Tour.



36



We provide a wide variety of entertaining and interesting tours offering you the opportunity to discover the unique essence of Antigua and Barbuda by land, sea and air!

ISLAND SAFARI 4x4 OFF-ROAD

Romp and bump your way through the most rustic sites on Antigua. A hot lunch is served at a lovely restaurant before some time on the beach!

EXCELLENCE CATAMARAN

There is no better way to explore the island's amazing coastlines or visit exotic Barbuda than on the Excellence. Top class service offered-Excellence is not only our name; it's our way of life!

KAYAK & SNORKEL ADVENTURE

Island Safari takes you through the countryside to see all the unspoiled places our beautiful

island has to offer. Enjoy a short boat ride across the crystal clear waters to the kayak platforms in the heart of North Sound National Park. After kayaking we head to an offshore island (Great Bird Island) for lunch and snorkelling.

MYSTIC PRIVATE CHARTERS

Enjoy 'pure sailing in an un-crowded atmosphere' aboard the Mystic catamaran. Comfortably equipped for small group charters, a day aboard the Mystic is a day without worries or stress.

ISLAND SAFARL & STINGRAY CITY

Our newest & most exhilarating combo tour! You begin with an Island Safari tour through Antigua's rugged terrains, stopping at a few scenic locations before arriving at Stingray City Antiqua.



Contact

Tel: +1(268) 480-1225 Fax (268) 462-2065 Email reservations@tropadantigua.com www.troipcalad.com





Footsteps Rainforest Hiking Tours is a locally run small business situated in the heart of the Antigua rainforest, offering hiking tours in one of Antigua's most beautiful and valuable conservation areas.

Contact

Tel: +1(268) 460-1234 or (268) 773-2345 Email: info@hikingantigua.com www.hikingantigua.com There is no doubt about it, taking to the hills by foot, is not only fantastic exercise, but gives you access to some of the most wonderful secret places on the islands of Antigua and Barbuda. Enjoy the Antigua Rainforest trails whether discovering them by yourself, or with Dassa who has been organizing regular hikes to Antigua Rainforest for the pass 13 years. Don't miss out on this truly unique opportunity to see Antigua's Rainforest.



Situated in the picturesque Jolly Harbour Marina, just a short 20 minute taxi ride from St Johns Port, WCT Antigua Reef Riders presents you with a unique opportunity for you to captain your own 10 foot 2-seater inflatable Reef Rider. HOLD ON TIGHT as you and your friend explore the beautiful west coast of Antigua out to the stunning Cades Reef. Top of the "things to do in Antigua" list.

Put on your snorkel, mask and fins (provided) and dive into the crystal clear waters of the Caribbean Sea. Our boats are small enough to moor inside the reef lagoon to get you closer to the amazing marine life including stingrays, lobster, parrot-fish, surgeon-fish and wrasse, as well as the beautiful coral reef.

Contact

Tel: +1(268) 728-5239 Email: tours@antiguareefriders.com www.antiguareefriders.com Facebook: antiguareefriders Golf Course Way, Jolly Harbour



Some of the most beautiful hikes through Antigua's lush rainforest can be done in Wallings!

Come discover what Antigua's fauna and flora has to offer. Located in the southwestern part of Antigua, the Wallings Nature Reserve, known for its picturesque views, variation of trees as well as its rustic water tower, is well on its way to becoming one of the main attractions of Antigua and Barbuda.

The Wallings Nature Reserve with its lush surroundings makes for the perfect picnic setting.

Contact

Tel: +1(268) 727-0218 Email: info@wallingsnaturereserve.org wallingsnaturereserve.org John Hughes St Mary's, Antiqua The Reserve also offers a thrilling hiking experience for the experienced and non-experienced hikers. With easy to follow trails, and well-informed guides, the Nature Reserve is also great for a family adventure or an educational field trip.

You can explore rugged trails that wind through the rainforest, where you will find a variety of trees such as the silk cotton, hog plum, sand box, the strangler fig tree and many more. Go slowly and gently to listen and watch the birds. If you're lucky, you'll see a black whiskered vireo, a West Indian euphonia or a collared pigeon.

On the way back, explore the back of the reservoir where you will see interesting water diversion channels and sediment traps. You can also find a picnic area nearby to rest.



Tired of doing the same old activities on every island you visit? Well, this is the tour for you! Triflexcursion opened for business in December 2018 and has already climbed to the top of the 'things to do list' in Antigua. Combining biking, kayaking and hiking, this tour will keep you engaged with a smile.

Local entrepreneurs and fitness lovers Mark and Giles are ready to guide you by bike through the back streets of St. John's, explore a mangrove lagoon by kayak, hike through a choice of two of the forts located near the city, and enjoy its accompanying beach.

See how the people of Antigua live, and learn about our history. Come. Experience the great Caribbean outdoors with Triflex.

Three-hour guided tours with small groups of up to 10. Suitable for ages 10-80.

Contact

Tel: +1(268) 562-3539 or Cel: +1(268) 729-3539 Email: triflexcursion@gmail.com triflexcursion.com Redcliffe Quay St. John's, Antiqua



Skylork Tours takes you to the great Pillars of Hercules! is a beautiful chain of rock formation located on the southern side of the Island, located at the based of Historical Shirley's Heights. This site is accessible via Galleon Beach.

Features in this area: A beautiful natural rock formation both above and below the water's surface, Turtles, Sting Rays, Eagle Rays, Barracudas, Octopus, Squids, Needle nose Fish, Parrot fish, and many other assorted tropical fish.

Contact

Tel: +1(268) 773 3483 (DIVE) Email: info@skylork.com www.skylork.com

DAY OF THE TOUR

- If your session is in the morning, we will be at your location for 8:30 am. For an afternoon session, our pick up is 1:30 pm.
- Drive to our snorkel destination at Galleon Beach.
- Upon arrival, our guide will demonstrate safety measures and demonstrate the use of all the equipment before snorkeling begins.
- Once orientation is completed, it's Scooter snorkeling time!
- The snorkel time is between 1 to 1.5 hours. (Varies based on condition and your endurance)
- After completion, we will transport you to your destination.
- Photos are sent via Dropbox within 24 hour after your session. (Will be delayed if Video is included)

TRIP DURATION

- 3 HOURS (including pick up and drop off)
- SNORKEL TIME IS BETWEEN 1 1.5 HOURS

TOUR ATTRACTION

- Various species of tropical fishes, different types of rays, turtles, sea urchins, cucumbers, conch, hermit crab etc.
- We have installed an underwater course to add more fun and excitement to your tour.
 Our scooters coupled with the course is sure to have you excited!





- High definition personal bird's eye view of Antiqua's sites.
- Intimate tour seating only 4 persons perfect for couples.
- Relaxing music, cozy ride and quirky personal tour quide.
- Delectable cuisine: delicious cocktails: Tropical Fruits, Rum Punch & Lunch.
- Professional staff.
- Keepsake photos and video to relive your experience.

ACTIVITY LOCATION

- Multiple Locations Visited
- Dockyard Drive
- Nelson Dockyards

MEETING/REDEMPTION POINT

- Cruise Pickup
- Saint John's
- Dickenson Bay
- Blue Waters Drive
- Hotel Pickup
- Willikies

- High Street
- Hotel Pickup
- Hotel Pickup
- Cedar Grove
- Hodges Bay



We offer private and fully customized, Antiqua yacht sailing trips around the island. "CATCH THE CAT" is perfect for celebrating memorable occasions. Our private sailing cruises and day trips are especially suited for intimate gatherings of friends who wish to have their own exclusive sailing cruise aboard a catamaran.

47

Tel: +1(268) 464 7113 Email: info@catchthecatantiqua.com

www.catchthecatantiqua.com

Catch The Cat Antiqua Ltd • P.O Box 209

Jolly Harbour, Antiqua

The exquisite layout allows easy movement about the boat. From the spacious aft deck, the step down to the swimming platform or relaxing on the foredeck and trampoline. The four wellappointed cabins with fans each have a roomy double-bed with generous cupboard and locker space, ideal if one of the children needs an afternoon sleep, plus two bathrooms and two separate shower rooms.

Catch The Cat

Personal Services - We limit ourselves to just 10 guests, to give you that special pampered feeling you deserve on your vacation holiday.

Board as guests... Leave as friends!

Tel: +1(268) 722-7298 www.skyviewdronetours.com



You will enjoy the beauty of Antigua's coastline along with its amazing reefs teeming with fish and white sand beaches. As the boat carries a maximum of only 8 passengers, it means that you are getting one on one attention guided by an experienced captain. We are able to explore lots of snorkeling spots and get into the little beaches which other boats cannot.

Coutact
Tel: +1(268) 776-7322
Email: seacatdiscoveries@gmail.com

Snorkel and Beach exploration (3hrs)

Once comfortably seated onboard, you will cruise along the west coast of Antigua taking in the beautiful scenery until you arrive at the reef. After a short safety briefing you will be given your snorkeling gear and you are overboard to explore the wonders of the underwater world.

Back onboard, a refreshing drink awaits and we are off to find you an exclusive beach. As we have 365 you are sure to find one of your own! Your captain will cut one of our very own Antigua Black pineapples for you to sample along with local plantain chips and finger sandwiches. More swim and relax time till it's



time to head back.

Want to spend a bit more time out and sample some local cuisine? Of course we can! Just tell us!

Fishing Experience. A fun trip out to bottom fish or troll along and try your luck. Of course, our Captain knows the best spots to make it a fun and exciting experience. Then it's off to the beach to relax and unwind with a few drinks and snacks. Fun for all ages. Sunsets in paradise. Enjoy a calm coastal cruise whilst indulging in drinks and snacks of your choice as you take in the beautiful Antiguan sunset.

Our tours are all about a unique experience and we can tailor this to your request.

You can also feel comforted by the fact that we are a registered company which meets all proper safety standards.

We provide you with snorkeling gear/safety belts and all fishing apparel.



Indigo Divers offers scuba diving activities daily for beginners and experienced scuba divers. We offer dive courses in English as well as German.

We pick up from Jolly Harbour and some of the surrounding and neighbouring hotels, please contact us for further details.

Contact

Tel: +1(268) 562-3483 Email: info@indigo-divers.com www.indigo-divers.com We dive the sheltered west and south coast of Antigua, including Cades Reef. Most of our dive sites are about 20 min. away.

Indigo Divers is owned and managed by a group of PADI professionals with years of international experience who love diving and have a common goal: to provide a world-class, safe and enjoyable experience while exploring the wonders of the underwater realm.

We look forward to sharing our adventures with you!



Snorkeling Antigua focuses on exploring the "under the sea" world in a relaxed way so we are able to really see what is there beneath the waters.

We do not take large groups of persons (max 6) unless is a group of friends and/or family, in which case we can take up to 20 persons. Because of these, we are able to give the experience to non swimmers and persons with different levels or types of needs.

From a shipwreck, different types of environments, to a very nice variety of sea creatures and fish, this is an adventure that you will be able to enjoy and keep you memories as we also take pictures and a video of you and what you see in the water.

"We only hate it when it snows!" Is our motto! Come and discover why with us!

Contact

Tel: +1(268) 732-2577 Bernardo H. Concepcion (Bernie) www.snorkelingantigua.com



Devil's Bridge, located outside the village of Willikies, offers a stunning glimpse into Antigua's natural formation. Composed of limestone rock, the rugged terrain of Devil's Bridge is the result of millions of years of ancient reef formation. For hundreds of thousands of years, the Atlantic's waves have crashed into the east coast of Antigua creating a natural arch, or bridge. Numerous geysers and blowholes surround the arch as waves continually break against the coastal rocks.

In addition to being a natural phenomenon, Devil's Bridge also holds cultural importance in Antiguan history. A prehistoric, Amerindian site is located within its vicinity and suggests that prehistoric peoples may have used the area for fishing and settlement. Though popular belief suggests slaves leapt to their death off of the natural arch during the period of slavery in Antigua, these stories have no historical evidence to support them. Still, Devil's Bridge gets its name from these myths as the stories contend the devil claimed those who leapt off the bridge.

Devil's Bridge is a natural rock arch in eastern Antigua. It is located on the Atlantic coast near Indian Town Point to the east of Willikies. The area around the arch features several natural blowholes and is a popular local swimming spot, as an offshore reef acts as a natural breakwater.

NATIONAL PARKS ANTIGUA

Green Castle Hill

Green Castle Hill peaks at 565 feet above sea level, making it one of the tallest hills on the island. Located near the village of Jennings, approximately 3 miles south of St. John's, Green Castle Hill is accessible only by hiking and it is recommended only experienced hikers trek up the hillsides.

Green Castle Hill is the remnant of an isolated volcano and, at the beginning of the Oligocene geologic period, the volcano would have been exposed to the ocean and waves would have affected the formation of rocks. As the volcanic substance cooled, the rocks would have formed into columnlike shapes within the volcano.

Thousands of years of erosion have exposed these volcanic rock faces resulting in a variety of boulders of different shapes and sizes.

Thus, it is widely believed that the rocks atop Green Castle Hill are natural rock formations. However, evidence of Amerindian activity at Green Castle Hill has been discovered in archaeological research.

Therefore, prehistoric peoples may have viewed the hilltop as ritually important and used the natural rock formations in their own cultural practices.

Contact

National Parks Authority Tel: +1(268) 481-5028 www.nationalparksantigua.com

Contact

National Parks Authority Tel: +1(268) 481-5028 www.nationalparksantigua.com



Betty's Hope in Antigua and Barbuda was a sugar plantation which provided livelihood for many generations of Antiguans from the time it was established in 1650 during the British Colonial rule. It flourished as a successful agricultural industrial enterprise, the first large-scale sugar plantation to operate in Antigua, starting with the Codrington family's ownership in 1674, which lasted till 1944. Sir Christopher Codrington, Governor of the Leeward Islands in 1674, named the estate 'Betty's Hope,' after his daughter.

Contact

Museum of Antigua and Barbuda Tel: +1(268) 462-4930 E-mail: museum@candw.ag www.antiquamuseums.net Betty's Hope is not operational now as a plantation. However, the structures at the time of restoration works initiated by the Government of Antiqua in 1990, under the OEC/ESDU Eco-Tourism Enhancement project, consisted of the twin wind mills, the Cistern Complex in serviceable condition, the Great House (Buff or Estate House) in ruins, the Boiling House where 16 copper hoppers were used to boil cane juice to produce crystalline sugar and the Still House (distillery) used for manufacturing rum (also seen in ruins without roof but with elegant arches). Since 1995, it has been developed as an open air museum with a visitor centre under the jurisdiction of the Museum of Antigua and Barbuda



Fort Barrington, named for the Admiral who fortified the fort in 1779, safeguarded St. John's Harbour during the eighteenth and nineteenth centuries. Not only did the fort guard St. John's Harbour, but it also served as an important signal station to alert forces throughout the island of impending attacks. Fort Barrington is the only fort that saw military action in Antigua.

Fort Barrington served as a military defence post beginning in the seventeenth century. In 1652 Prince Rupert, the first member of the Royal Family to visit the West Indies captured the fort in an attempt to claim Antigua for the Royalists.

In 1666, the French invaded Deep Bay and captured Fort Barrington so quickly the English soldiers fled the fort with the Royal flag still flying. In 1790, the fort was reinforced to forestall additional attacks by French forces.

Today the remains of Fort Barrington include a powder magazine and a gun platform that held eight guns. The fort provides magnificent views of St. John's Harbour and Deep Bay.

Contact

National Parks Authority
Tel: +1(268) 481-5028
www.nationalparksantiqua.com



UNESCO World Heritage Site



This high ground was fortified in the late eighteenth century and the remains of old gun emplacements and military structures can be seen around the area. The heights were named after General Shirley who was the Governor of the Caribbean Leeward Islands at the time of construction of the fortifications.

The Heights military complex stands guard at the most southerly point of Antigua, some 490 feet above sea level with a battery of guns protecting the narrow entrance to Nelsons Dockyard in English Harbour.

other side of the harbour, the dockyard remained secure from attack.

Just below Shirley Heights lies the area of Blockhouse Hill where there is a large gunpowder store (well away from any other buildings).

Together with the guns at Fort Berkeley on the

Blockhouse Hill affords fantastic views over the south coast of Antigua as far as Hudson Point to the south east and on a clear day, fine distant views of the Soufriere Hills Volcano on nearby Montserrat Island, which erupted in the mid nineties causing widespread damage to the island.



Right in the middle of the dockyard, you will find the delightful Dockyard Museum. Housed in the Naval Officer's House, the Museum was officially opened in 1997.

It showcases the history of the only continuously-working Georgian Dockyard in the world. It also serves as the centre of archaeological, environmental, and historical research in Antigua.

There are also educational programmes hosted by the museum to promote higher learning standards and increased scientific understanding.

LIBRARY AND GIFT SHOP

A research library is available for anyone to come and explore. There are books on the navy, Horatio Nelson and even some old accounts of Antigua kept there. The Museum Restoration Gift Shop is also well-stocked with the most interesting and attractive items.

RESEARCH

There is an archaeological laboratory available to fellow researchers. Please book an appointment if you wish to visit the lab.

Contact

National Parks Authority Tel: +1(268) 728-0636 or (268) 481-5028 www.shirleyheightslookout.com www.nationalparksantigua.com Contact

National Parks Authority Tel: +1(268) 481-5027 www.dockyardmuseum.org www.nationalparksantigua.com



UNESCO World Heritage Site



The Interpretation Centre at Dow's Hill offers a well-crafted and informational production on the history, culture and heritage of Antigua and Barbuda. The 15-minute long presentation, gives a look back into the six ages of time that have shaped what the twin-island nation is today. It offers a fascinating insight into the Antiguan way of life and this relaxed, yet informative start to a visit on the island is highly recommended. You can also chill out in the café with the cool southern breezes and shop in the gift shop to remember your visit for years to come.

Contact

Tel: +1(268) 728-0636 or (268) 481-5028 www.shirleyheightslookout.com www.nationalparksantigua.com

WEDDINGS

With the cool breeze, distant music from Shirley Heights and unforgettable setting, this is a very popular and superb venue for weddings. Overlooking the dockyard, with the sun setting to the west over the glistening Caribbean Sea, what better way to tie the knot and begin the next path of life than on the steps of Dow's Hill overlooking Antigua's gorgeous national park.

SIGHTSEFING / PHOTOGRAPHY

The Belvedere offers a panoramic view of the National Park, giving you the chance to take some scenic photos of the superb surroundings. There is a 360 degree view of Nelson's Dockyard which acts as an excellent photography opportunity.



Fort George, known as Falmouth's Protector, is another remarkable sight that makes up Antigua's varied landscape. This 699-foot table hill was first used back in the 1680's when it was chosen as the perfect place to protect Falmouth from potential attacks from the French. Taking no less than 16 years to build, the Fort is named after the patron saint of England. It is built on Monk's Hill, which in turn was named after the original land owner Nathanial Monk.

Country
National Parks Authority
Tel: +1(268) 481-5021
www.nationalparksantiqua.com

Fort George is easily accessible through the villages of Liberta or Table Hill Gordon, or even through the back of Falmouth. From the top, it is quite an incredible view and one that is not to be missed. You can scan the entire National Park area from the peak.

The park provides an excellent habitat for some natural wonders. Singing birds, plants, fruit and flowers of many species can be found around the park and provide an excellent photo opportunity as long as the wildlife is not disturbed.

The National Park Authority has gained a mandate from the Antiguan government that no development can go forth in the area without their consent, in order to protect the natural beauty of the park.



Fort Charlotte is situated on the headland that the pillars support as part of what is known as the Charlotte Peninsula. Gorgeous beaches surround the headland; Galleon Beach being one, with its golden sand, lapping waves, beach bar and plenty of space for beach barbecues, this is the perfect mix with a historical and cultural visit to Fort Charlotte. The Charlotte Reef, home of Carpenter Rock with its tantalisingly turquoise ocean and fabulous formations of rocks and rock pools.

Contact

National Parks Authority Tel: +1(268) 481-5021 www.nationalparksantiqua.com The Pillars of Hercules are a much recommended spot for snorkelling and scuba diving. Standing at 50 metres (165 feet), this is a great spot for both novices and experts. For novices it isn't too deep (45 metres / 145 feet) and the visibility is clear (30 metres / 100 feet). For experts there is plenty of rare marine life to spot. Alongside the beautiful coral and sponge growth you will find loads of coral encrusted boulders that create fantastic swim passages.

It is known to contain rare fish such as the Tritons Horn, Sergeant Majors, Blue Tang and Snappers. There is never anything but praise for the Pillars of Hercules as a diving site and if you are into diving, it is strongly recommended you give Fort Charlotte a go to gain a real taste of what the island has to offer



Known as English Harbour's Protector, Fort Berkeley is an incredible structure, defended by no less than 25 large cannons to protect English Harbour and the lands of Antigua. Designed in 1704, this Fort was designed to be a crucial part of the defence mechanism, supported by many smaller forts nearby.

The area was so well defended, these forts were never actually attacked. Before arriving at the battlements you may spot a stone quarry on the right which is where the fort's stone came from to build the defence mechanism for the harbour. Other features to be seen at Fort Berkeley are the huge chain and timber boom that was used

Contact

National Parks Authority Tel: +1(268) 481-5021 www.nationalparksantiqua.com to seal the entrance to the harbour to stop intruders from entering. For those into history and culture, this will be a site of high interest.

There is an excellent chance for some snaps along the trail to Fort Berkeley. The trail starts by the dinghy dock, behind the Copper and Lumber Store hotel in Nelson's Dockyard. Along the way there are some real picture postcard opportunities. From the trail and Fort you can see many of Antigua's most iconic and beautiful sights.

The Charlotte Peninsula and the Pillars of Hercules can easily be photographed are just two of these among a whole list of others that include Clarence House, Antigua Slipway, Freeman's Bay, Dow's Hill, Galleon Beach and of course Shirley Heights.



A visit to the island would be incomplete without seeing the restored Georgian yard named after the famous English Admiral Horatio Nelson.

The yard was originally called "His Majesty's Antiqua Naval Yard", it only became known as Nelson's Dockyard after a major restoration project which began in 1951 and is still ongoing today (a previous restoration attempt in 1932 was abandoned).

Nelson's Dockyard in English Harbour is today part of a National Park. It is the most important visitor attraction for the island of Antiqua and incorporates a splendid yacht marina (home of the Antiqua Sailing Week). It is the only remaining Georgian dockyard in the World and many of the interesting historical buildings are open to the public. There is a 15 minute tour of the Dockyard offered that gives an insightful and entertaining account of the Dockyard's history.

Contact

National Parks Authority Tel: +1(268) 481-5028 www.nationalparksantigua.com













ANTIGUA
BARBUDA
The beach is just the beginning...

BARBUDA







Barbuda is one of the best beach destinations in the Caribbean, if not the world; it has unspoiled beaches on all sides of the island. Usually you will be alone on the beach, except for the hotel beaches but these are open to all visitors as long as no guests keep to the waterline.

Most of the beaches have no facilities at all so it's important to remember to take plenty of water (freeze a bottle overnight) and find a place to keep out of the sun for some of the time. In some places when you have seen one beach you have seen them all, but in Barbuda each one is different, better than the last, and interesting enough to keep even the most cynical holidaymaker happy for hours.

The beaches have great names too - Fishing Creek, Rubbish Bay, Two Foot Bay, Goat Island, River, Princess Diana beach.

66

CODRINGTON LAGOON

National Park Bird Sanctuary

Barbuda's Frigate Bird Sanctuary is located in the island's north-western lagoon and is accessible only by boat. The sanctuary contains over 170 species of birds and is home to over 5,000 frigate birds. Fregata magnificens, the most aerial of water-birds, possesses the largest wingspan (four to five feet) in proportion toits body size of any bird in the world.

It is also known as the man o' war bird, and the comparison to warships is a particularly apt one--with its superior size and flight capabilities, the frigate bird harasses less agile flyers like pelicans, egrets, and cormorants until they drop their catch. The male frigate is marked by its red throat pouch, which it inflates as part of its courtship behaviour and as a defensive display. Courting takes place in the fall, and chicks hatch late in the year.

Contact

Antigua and Barbuda Tourism Authority Tel: +1(268) 562-7600 Email info@visitaandb.com





This tower, 32 feet high, and fort of 3 guns was used as a look-out along the south coast and for sighting in-coming or wrecked ships. This information was then signalled onward to the village of Codrington, several miles north.

The fort, once with 3 guns, is situated by a small river which only appears in times of wet weather. This small stream is caused by the drainage of swamps that lie inland behind the beach. The fort guarded the main anchorage on the south-western side of Barbuda. The name 'Martello' is derived from a tower at Cape Mortella in Corsica that the British, had difficulty in taking in 1794. The south coast of England was defended by Martello Towers against Napoleon's intended invasion of England in 1803.

Spanish Point

Spanish Point, studded with coral reefs, is the most south-easterly point of Barbuda and is perhaps named after the wreck of a Spanish merchantman by the name of "Santiago de Cullerin." She was lost here in 1695, and indeed, shortly afterwards maps began to appear with the name of Spanish Point. She was carrying 13,000 pesos to pay Spanish garrisons at Maracaibo, on the Spanish Main, but all this and some of her other cargo was salvaged by divers at the time.

In 1988, the dive ship "Riptide" of H & E Marine, began mapping the site and recovered a few artefacts from under a thick coral concretion in heavy surf on the windward side. No coins were found, but large jars and a wooden comb are some of the many artefacts recovered.

The Point's history had begun much earlier, for maritime Amerindians from South America had settled in the vicinity about 500 years after the birth of Christ.

Then later, European colonists built a small lookout tower, probably as a precaution against marauding Amerindians from Dominica who at the time were jealous of the European incursion.

Contact

Antigua and Barbuda Tourism Authority Tel: +1(268) 562-7600 Email info@visitaandb.com

Contact

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As an island composed of limestone, Barbuda has many caves to explore...

DARBY'S CAVE

Three and half miles north-east of Codrington Village is Darby's Cave, a spectacular vertical sink hole in the middle of the bush. It is well worth a visit to see the huge deep hole suddenly appear in front of you and wonder how it got there - the tops of tall palm trees are suddenly at eye level!

Darby Sink Hole is over 100 metres in diameter and around 70 feet deep. One side of the hole has been greatly undercut and stalagmites up to 8 feet high have formed under the overhang. The vegetation resembles a mini rainforest with palms, ferns, and lianas. It is well worth a visit but a local guide is essential for this trip.

DARK CAVE

Dark Cave is two miles to the south of Darby Cave. The cave has a narrow entrance leading to a vast caver containing pools of water, which were probably a water source for Amerindian inhabitants as artefacts have been found nearby.

Dark Cave is the habitat for several rare species of crustaceans, including blind shrimp. The caves at Two Foot Bay range from small crawl-in holes to huge cavernous areas complete with stalactites and stalagmites and many fossils. Barbudans have camped in the caves for centuries and have given them names, such as 'The Fridge', which as its name suggests is cool and breezy. In 'Indian Cave' at Two Foot Bay it is possible to see drawings (Petroglyphs) left by the original inhabitants of Barbuda, the Arawak or the Siboney.

Contact

Antigua and Barbuda Tourism Authority Tel: +1(268) 562-7600 Email info@visitaandb.com

72

The ruins of Codrington House, known locally as "Willy Bob" or Highland House, are situated on the highest part of the island, about three miles north of Codrington Village.

The view from the house is the best way to see most of the coastline of Barbuda. The floors and lower walls and a large cistern are all that remain of the family settlement of the slave owners, the Codrington family from Gloucester in the UK.

Although the village is named after them, there are no Codringtons currently living in Barbuda.



Contact

Antigua and Barbuda Tourism Authority Tel: +1(268) 562-7600 Email info@visitaandb.com



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Antiqua Paddles

www.antiquapaddles.com

Nicholson Yacht Charters Email: Yachts@nicholsoncharters.com

info@nicholsoncharters.com

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ADVENTURE Adventure Antiqua

www.antiquaadventure.com

The Rendezvous Company www.rendezvousantiqua.com

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Antiqua Rainforest Canopy

www.antiquarainforest.com

Tropical Adventures www.troipcalad.com

OnDeck Sailing

www.ondecksailing.com/antiqua

Miramar Sailing Antiqua Charter www.miramarsailing.com

South Coast Horizons

www.southcoasthorizons.com

Antiqua Reef Riders

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Catch The Cat

www.catchthecatantiqua.com

Sea Cat Discoveries

Email: seacatdiscoveries@gmail.com

Indiao Divers

www.indiao-divers.com

Snorkeling Antiqua www.snorkelingantiqua.com

BARBUDA

Barbuda National Parks. **Codrington Lagoon**

visitantiguabarbuda.com

Martello Tower visitantiquabarbuda.com

Spanish Point visitantiquabarbuda.com

Barbuda Caves visitantiquabarbuda.com

Highland House

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Nicole's Table

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Trek Tours

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Segway Tours

www.rendezvousantiqua.com



HISTORIC SITES

National Parks: Devil's Bridge www.nationalparksantiqua.com

National Parks: Green Castle Hill www.nationalparksantiqua.com

National Parks: Fort Barrington www.nationalparksantiqua.com

ND: Dockyard Museum nationalparksantiqua.com/visiting. dockyardmuseum.org

ND: Shirley Heights Lookout and Blockhouse

www. nationalparksantiqua.com

Nelson's Dockyard: Fort Charlotte

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www.antiquapremiertours.com

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Donkey Sanctuary

www.antiquaanimals.com/donkey

Footsteps Rainforest Hiking Tours

www.hikingantiqua.com **Wallings Nature Reserve**

www.wallingsnaturereserve.org

Triflexcursion

www.triflexcursion.com

SkyView Drone Tours www.skvviewdronetours.com

www.nationalparksantiqua.com

Nelson's Dockyard: Fort George www.nationalparksantiqua.com

Nelson's Dockvard: Fort Berkelev www.nationalparksantiqua.com

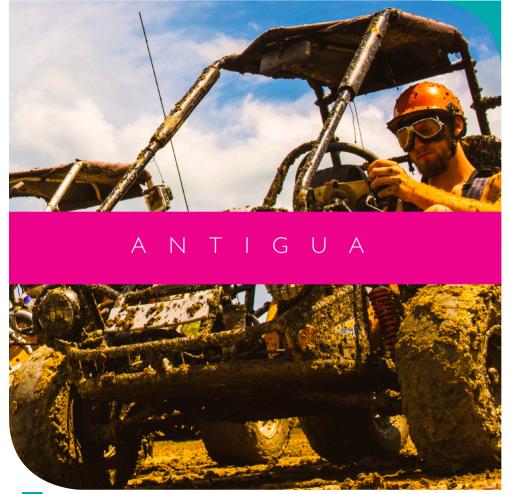
Betty's Hope

www.antiquamuseums.net

Nelson's Dockyard: Dow's Hill www.nationalparksantiqua.com

National Parks: Nelson's Dockvard

www.nationalparksantiqua.com







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